



The Bluff



Math and Science departments each chose four students to recognize

Nelly Navarrete & Lali Farias
Staff Writers

Teachers at Red Bluff High have chosen four students to recognize in the science department. The four students that have been chosen for this award are Seniors Lachlan Dean, Grace Gallagher, Amber Bowling, and Andrea Marquez. Each student was nominated because of their dedication, work ethic and success in science classes. Amber Bowling believes

her BS in engineering or physics then pursuing architecture. Mr. Null, Amber's AP Physics teacher said, "I'd like to acknowledge her efforts for keeping a good attitude, a tremendous work

Grace Gallagher who is currently taking AP Physics and NASA, believes that she was nominated because she always works really hard in her science classes. Frequently going on distance learning has not affected her grades. She is currently planning on majoring in biology. Geoff Barrow says Andrea was chosen because she is a very hard working student and she has excelled due to her focus, motivation, and her kind hearted and gentle

Triston Vaillette
Staff Writer

Out of the four main subjects of Mathematics, Science, History and English, a teacher from their respective department selects four winners to accept the award. Our Math winners chosen by Mr. Penner, are Bradyn Klein, Olivia Solli, Avery Wendland and Fletcher Bottke. As far as what he thought about Klein, Mr. Penner had this to say, "Bradyn is a

attentive in class and I make sure to perfect my understanding of every concept that is taught." Continuing his thoughts about the winners, Mr. Penner says this of Fletcher Bottke, "He does impeccable work and never even

figure out these issues together." Flattered and surprised, she gladly responded with, "I want to thank Mr. Penner for always being available to answer questions and help me when I struggle.

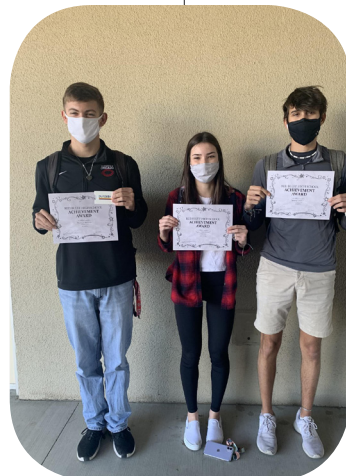
I am really grateful for being given the opportunity to continue learning new things everyday." Lastly, Avery Wendland, Penner said "He blows me away time and time again at how good his mathematical skills really are. I have been quite impressed by his ability to grasp concepts." In



Lachlan Dean science winner

ethic, and a willingness to ask questions when needed." Lachlan Dean was also acknowledged by Mr. Null who said, "Lachlan Dean has done an outstanding job in AP Physics this year. He has excelled at applying mathematics to conceptual real world examples. I'm looking forward to seeing which college and career path that he chooses." Lachlan will continue studying science and math in the university system.

personality. Mr. Barrow included, "Andrea was a true

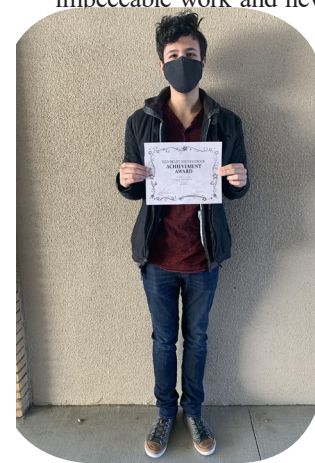


Fletcher Bottke, left, and Bradyn Klein, right, are math winners. Grace Gallagher, middle, is a science winner

pleasure to have in biology and again in anatomy/physiology. She has a very bright future indeed.

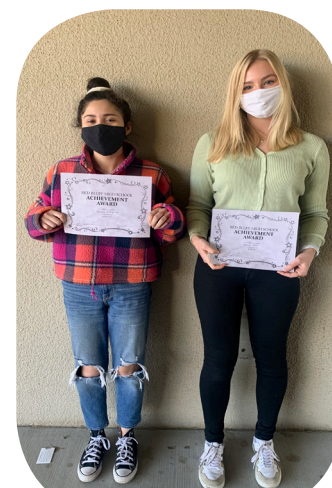
response was, "I think I was selected as a math award winner due to the fact that I'm very

phenomenally hard worker. He pays very close attention to every detail and that serves him well in advanced classes." Klein's



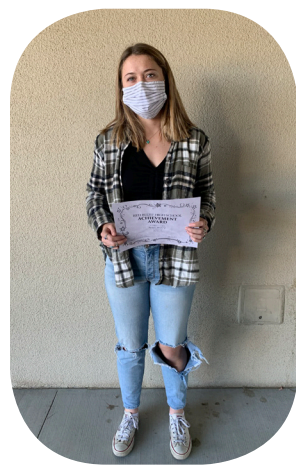
Avery Wendland math winner

effort. We build on concepts and though review is helpful I really don't need to remind him of the concepts upon which we are building." From Norway, Olivia was also chosen by Penner. He said, "She finished our Andrea Marquez, left, science calculus class last year winner. Olivia Solli, right, math



Andrea Marquez, left, science winner. Olivia Solli, right, math

response, Avery was very grateful and overwhelmed with the news.



Amber Bowling science winner

she was a nominee because she has always had interest in the classes she has enrolled in. Amber is planning on getting

Tehama County Health gives free Covid-19 vaccine to staff

Todd Bell
Staff Writer

Red Bluff High School, along with Tehama County, is offering the staff an opportunity to receive the Moderna COVID-19 Vaccine. The vaccination dates for the teachers who wanted the vaccine were January 16 and January 23. As of now, a limited number of people have access to the vaccine. The people that have access to it include healthcare, law enforcement, and education workers as well as anyone over the age of 65 and all essential workers after January 26th. The Moderna COVID-19 vaccine was created by Moderna Inc, and it is an approved vaccine. Currently, there are two FDA-approved vaccines for COVID-19, produced by Moderna and Pfizer. The COVID-19 Vaccine requires two injections, one month apart from each other. Tests have shown this process

to be effective in preventing COVID-19; although, the duration for which the antibodies will last is unknown. It was also stated that the vaccine may not be effective for everyone, so people may need to check with their doctor to seek guidance. After the injection of the Moderna COVID-19 Vaccine, possible side effects, as reported by Moderna Inc, consist of pain, swelling and redness at the injection site, and fatigue, headaches, fevers, and nausea as general side effects. Science teacher Mrs. Gantenbein received the vaccine on January 16 and regarding the side effects of the vaccine she said she had, "Just a sore arm for 2 days." The side effects of the vaccine are fairly minimal in severity; however, it was mentioned that there could be additional side effects including severe ones not yet discovered. The vaccination process for Covid-19 is important to the limitation

of the spread of the virus. Biology teacher, Mr. Barrow said, "It is important to get the vaccine to help curb the effect of the coronavirus on our population." With multiple instances of the high school transferring to distance learning, as well as staff, students, and families becoming ill to the virus, there is a great importance to further slow the spread. Mrs. Gantenbein explained, "There's a huge relief that I won't pass Covid to my friends, family, and/or students." Allowing for teachers to get the vaccine is important to further limit the spread from the teachers to each of their students and back to their own homes. Vaccinating staff may also help in eliminating the need to pivot to Distance Learning during the school year. If people are interested to sign up for a vaccination call the Tehama County Health services at (530)527-6824 or email covidvaccineappts@tchsa.net with name, age, and employer.

January schedule change

Lexi Senzell
Staff Writer

Students just started their second semester at Red Bluff High, and as students prepared for a new set of challenges in their classes, staff also faced their own challenge: creating the proper class schedule. We all know this year is different from usual, with new rules and distance learning. Because of new requirements, class sizes and class times have become staggered, and the schedule is overall slightly more complicated. This semester, nearly 150 students that were on distance learning last semester have decided

to go back to in person instruction, bringing the total number of in person students to 1,350 as of January 11, 2021. Because of the change in students in person, staff has had to completely re-create

of the first semester, and that helped them get a good idea of what was to come. Around 250 students have chosen to continue classes via Distance Learning. Principal Hassay's comment on the situation is: "It has been a lot of work and a complicated process meeting the needs of all students. Students and teachers have had to be flexible and change their schedules to meet these needs. I truly appreciate the positive attitude and patience of all involved in what has been a very challenging year." Thanks to the flexibility of students and staff alike, we have been able to start this new semester off right. It took a good week, but schedule's are finished and we can look forward to another amazing semester here at Red Bluff High!

R.B.H.S. Bell Schedule

Period	Monday, Tuesday	Period	Thursday, Friday
1	8:11 - 9:41	5	8:11 - 9:41
2	9:50 - 11:10	6	9:50 - 11:10
A Lunch	11:10 - 11:45	A Lunch	11:10 - 11:45
3A	11:54 - 1:14	7A	11:54 - 1:14
3B	11:19 - 12:39	7B	11:19 - 12:39
B Lunch	12:39 - 1:14	B Lunch	12:39 - 1:14
4	1:23 - 2:43	8	1:23 - 2:43

* Every Wednesday alternates between Periods 1-4 and 5-8

Period	Green Wednesday	Period	Gold Wednesday
1	8:06 - 9:09	5	8:06 - 9:09
2	9:18 - 10:11	6	9:18 - 10:11
A Lunch	10:11 - 10:46	A Lunch	10:11 - 10:46
3A	10:55 - 11:48	7A	10:55 - 11:48
3B	10:20 - 11:13	7B	10:20 - 11:13
B Lunch	11:13 - 11:48	B Lunch	11:13 - 11:48
4	11:57 - 12:50	8	11:57 - 12:50

New Online Class

- Audio recording classes available to students 16 and up sign up on 129recording.com for free instruction.

February Break

- No school during this break starting February 15-19. Have a good Valentine's day!

ASVAB Testing

- 8-12 A.M. on Friday, March 12. Email Korinna Alloway in the counseling office to sign up.

STAFF EDITORIAL

Social media infringes on First Amendment rights...

Whether you are a Republican or Democrat, conservative or liberal, believe in Trump or Biden, it is easy to say it is frightening to see how quickly former President, Donald Trump, was silenced by the media.

All of this started on January 6 when hundreds of Trump supporters protested outside of the capitol building in Washington D.C.; however, soon it turned from a protest to a riot when they decided to break in and occupy parts of the capitol. Trump later announced on his social media platforms that he does not condone that type of behavior, for Republicans are the side that conveys "law and order."

Trump called for the rioters to go home, and leave peacefully. Soon after the insurrection, Twitter took the initiative to ban Trump's twitter account "due to the risk of further incitement of violence."

Twitter claimed that Trump's rhetoric on its platform broke its policy. But that doesn't make much sense. Whether you believe it was wrong or not for supporters to storm the capitol building, which most of us can agree was wrong, there is no proof that Trump "condoned" this type of behavior, for he said, "...you have to go home now, we have to have peace. We have to have law and order, we have to respect our great people in law and order." Twitter's CEO and founder even said Trump's permanent ban is "destructive to the noble purpose and ideals of the open Internet." Before long, both

platforms Instagram and Facebook permanently suspended Trump's account, and soon after that Youtube, Amazon Web Services, Snapchat, Reddit, Twitch and many many more banned him, as well. All of these platforms can technically do this, for they are private companies and can legally ban anyone they want; however, is that what America has come to? In today's society, many believe that the media has a bias towards the left and social media's decision to permanently ban Trump seems to support this very idea. It is a scary thing to see that the President of the United States can be censored so easily. If Trump had blatantly told rioters to storm the capitol building, it would be clear why he was banned.

The real question is are the media outlets genuinely concerned for the people of America and think Trump is going to organize some type of violent uprising, or is this finally a justifiable reason for them to ban him because he goes against what they stand for? As said earlier, it doesn't matter who you stand for, it is frightening to see that in a country whose very first Amendment supports the freedom of speech, the very President of it can be censored by the media. Whether or not one supports what Trump says, it is scary to see the media silence someone so quickly. It is important for society to pay attention to upcoming discussions and laws that relate to the role social media plays concerning our First Amendment rights.

Kanye West cheats on KimKardashian with Jeffree Star?

It wasn't even a full week into the new year when big, gossipy scandal rumors broke out. The headlined subject is in relation to the Kanye West and Kim Kardashian divorce and the details that surround it.

Which includes the hearsay that West had hooked up with YouTuber and singer, Jeffree Star.

It had been said that the influential rapper and producer, nicknamed "Yezy", had had sexual relations with fellow male celebrities before.

Although they were all shot down and acknowledged as false, the most recent entanglement with Star appears to be quite the drama. Tik Tok influencer, Ava Louise, stated on a Tik Tok video that she had first hand verbal evidence of the scandal that she had been holding on to for months.

She didn't want it to cause a divorce or any problems between West and Kardashian. Since they were getting a divorce any ways, she decided to spill the beans.

On a talk show called DramaAlert hosted by Keemstar, Louise made it clear that she had spoken with a lawyer and friend of Kim Kardashian about the situation.

Next she said how

Kardashian was just done with West's bipolar attitude



and frustrating gimmicks. She continued with saying how West's hookup with Star also

had something to do with the divorce.

West had been staying in his home in Wyoming.



With no actual evidence to back it up, it had been reported that during the past few months

Apparently while he was on his virtual makeup tour, Star had also been staying in Wyoming.

The confusion and awkwardness about the whole situation stayed in the air for a few days until Star officially addressed the rumors in a new YouTube video.

Entertainment Tonight (ET) highlights where Star states, "Me and Kanye have never

hung out, and this whole thing is really funny!"

There has been no comment from West. Following the Star statement, Louise came out and said that there is "literally not one bit of truth to anything that

I have said... it was all a hoax."

She openly admitted to making the entire story up herself and using it as a quick source of immediate fame.

Triston Vaillette



Staff Writer

Mental health taking a toll because of the pandemic

One thing that has definitely taken a toll on everyone's lives is the pandemic. We hate talking over the topic because we can't stand how much it has taken over our lives to begin with.

One thing it has definitely impacted are students and their mental health especially those living in tough homes. One thing teachers have lacked is understanding how the pandemic has damaged our learning and why certain students have given up.

Although life must go on, we must learn to help those around us and stop giving students huge amounts of work.

The pandemic doesn't excuse people using the pandemic as an excuse to slack off, but many students have

simply lost motivation. Asking some students one said that, "The pandemic has taken a significant toll on my mental health as a student because of the overall uncertainty of these times.

Things are constantly changing and I have been lacking stability in my education which has caused me an enormous amount of stress... it has been hard to miss out on my senior year.

I think we are all just ready for a sense of normality again soon but knowing that's an unrealistic expectation can be upsetting at times."

Only coming from one student, imagine the amount of students spending all day working behind a screen or juggling between homework,

their jobs, family situations and zoom meetings all at once. One thing we have all lacked is trying to be empathetic with one another and trying to help each other out as much as possible.

We don't know what one is facing or if going to school was a safe place for someone. We are all different and we don't know who has been negatively impacted by the pandemic.

Milca De Los Santos



Staff Writer

Looking at the bright side

Time has been going extremely slow and based on our current situation, it hasn't felt any better either.

At times we feel drained, tired, and even bored. We have had to accept losses and hardships we probably didn't expect to happen, but the good thing is that there's always light at the end of the tunnel.

The way we respond to these situations is what really matters.

We should be safe and understanding of others, but also take the time for ourselves and family. Go out for walks, paint, pick up a hobby, do some

yoga or watch some of your favorite movies.

If safe, do picnics or go to the park with friends, go on a hike, do things you weren't able to do before. Fix up your sleeping schedule and improve your time management.

There is still room for improvement and activities we didn't know we could do before.

During these times, I have grown closer to my family, valued my friendships more while learning to let go of

others, I've spent more time on things I was passionate about and more.

Although, this point of our lives has taken a toll on our overall health, it is good to do something as little as cleaning up your room, journaling, getting your work done, or getting coffee from your favorite place. It also helps us face things we left off for later, cherish our elders, find new interests and even helps us rethink the way we do.

Life is hard now but there is still hope for the future.

Milca De Los Santos



Staff Writer

President Biden starts working on campaign promises

As President-Elect Biden and his new administration come in, there are many questions about the first actions he will take as president. Biden has repeatedly promised to reverse several of Trump's policies, while stating he'd extend many of the Obama-era policies. The Democrats, Biden's party, now controls both the Senate and the House of Representatives. Although this gives Biden an

opportunity to pass legislation easily, in reality, it can't be said for sure since the Democrats hold a very slim majority.

Aside from COVID, one of the biggest challenges the new administration will have to deal with is the economic recession jump started by the pandemic. Biden has talked about a possible stimulus check over \$1,000, but its future is uncertain as some democrats have already come

out against it. One of Biden's more ambitious goals is to have 100 million COVID vaccine shots within the first hundred days of his presidency. Part of this effort is the installation of several vaccination sites across the country to effectively distribute the vaccine.

Implementing a nationwide mask mandate and "working closely with state governors" is another plan on Biden's list.

This plan, like many of other Biden's, faces many issues and roadblocks ahead before anything can be put into action.

As for students, Biden has proposed emergency funding for school and forgiving up to 10 thousand in student debt for college students. This might seem grand, but it's quite lackluster and disappointing when compared with the plans of other politicians. Other

issues Biden will face includes everything from climate change to healthcare.

The incoming administration has presented an underwhelming climate plan, extension of the controversial Affordable Care Act, and shaky approach to foreign policy.

Only time will really tell if Biden will be able to pull off many of his campaign promises, or if he'll follow in the steps of

his predecessors, and fail.

Jamin Diaz



Staff Writer

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T.A.

N/A

Spartan Sound off

What show did you binge watch over winter break?



Stevie Moore (9)
"Glee."



Colton Keffer (10)
"Naruto."



Aubree Bachmeyer (11)
"Chrisley Knows Best and Glee."



Trevor Coates (12)
"Shooter on Netflix."



Mrs. Palubski (Teacher)

"Jane The Virgin - fun show!"



Mr. Barrow (Teacher)

"The West Wing."

Sound Off / Lynsey Forsberg

Seniors chosen for Most and Best in the yearbook for 2021

Natalie Moore

Staff Writer

Every year at Red Bluff High School we vote our seniors Most and Best. Well, the results are finally in and this year's Most and Best decided nominees are: Best Dressed: Chamberlain Turnbow and Masy Skiver. Best Glow Up: Kaiden Hassay and Nicole Rodriguez.

Class Clown: Brayden Prithard and Rennee Garcia. Most Likely to Become a Social Media Influencer: Arshpaul Singh and Sinai Saucedo. Most Athletic: Clyde Shaver and Alyvia Mackey. Best Smile: Caleb Ramos and Evelyn Avalos.

Most Artistic: Ian Poirson and Amber Bowling. Biggest Flirt: Trevor Coates and Emily Chavez. Most Talented: Evan Miller and Novalee Herren. Most Likely to be your boss: Bradyn Klein and Grace Gallagher.

Most Spirited: Triston Valliette and Emma Hale. Best Hair: Malcolm Landry and Olivia Fambrough. Best Eyes: Hank

Boes and Nicole Armenta. Most Talkative: Kurtis Rodriguez and Rebecka Ago. Most likely to Make Your Day: Jorge Figueroa and Milca Valladares.

Masy Skiver who won best dressed had to say "I felt excited for getting Best Dressed because fashion is a huge part of who I am and I have a big passion for it. I felt that it was very fitting for me because I gain a lot of confidence from my outfits and it

most likely to be president and had this to say "I would just say that I was pretty surprised to see my name in that category especially because I tend to not really



Yahir Palmas

Christensen and Macie Terrell. Most likely to Travel the World: Dilraj Deol and Stefani Avila. Most Likely to be President: Fletcher Bottke and Tera Norton. Most Likely to Leave their Mask at Home: Wyatt



Milca Valladares



Alex Torres

get involved with politics that much." Regardless of how people decided this year's Most and Best, it is pretty agreeable that it was a nice surprise for the nominees. Fletcher Bottke won

New bakery in Red Bluff: Reiters Bakery

Milca De Los Santos

Staff Writer

If you are looking for a nice bakery here in town to enjoy a yummy treat with a side of coffee go down to Reiter's Bakery and Confections! It is a new local bakery here in Red Bluff on Main Street by the US Bank. Everything is hand-made with local ingredients and baked fresh daily! It was opened by a wonderful couple, Rich and Kassie Reiter. Kassie is originally from Cottonwood and Rich is originally from Redding but their passion for baking was one of the things that brought them together! They realized our town didn't have a bakery and decided to open one up in a nice small town.

They specialize in European and non European styled treats which include pastries, gourmet chocolates, cookies, cold desserts like Tarts and Macarons, as well as coffee and beverages! When asked why they opened up a bakery of their own it

was because they, "loved baking and baked on the side for family and both of them decided they wanted to go to culinary school." Who doesn't love baking? Our community loves them

baked goods, the owners themselves make the place very welcoming and warming.

Based on some of the people in the community's comments, they are extremely kind and leave you in love with their bakery!

They open from 6:30AM to 3PM on Monday through Friday and open from 7:00AM to 2PM on Saturdays. They also sell treats for anyone whether you are a kid or an adult. It is exciting to have another place to go in and try delicious baked goods and to also feel

welcomed. So far they have been doing amazing with their bakery, working hard and I do not doubt they will continue to thrive. Don't be shy to go in and try some of their delicious treats as they are also sweet people ready to help you with any questions!

830 Main Street
Red Bluff, CA. 96080
530.690.2691

Monday - Friday
6:30am-4:00pm

Saturday
6:30-4:00pm

Sunday
Closed

Or until sold out

www.reitersbakery.com

Cafeteria food

Tera Norton

Editor-in-Chief

Red Bluff High School's very new cafeteria will offer three new salad choices beginning on January 25 when live classes

may interest those who like a little crunch with their lunch.

The taco salad is made with a salad mix, ground beef, cherry tomatoes, black beans, olives, shredded cheddar cheese, tortilla chips, salsa, and fresh

resume if all goes according to plan.

The first new choice is a vegetarian salad. This salad contains fresh spinach that is topped with cheese-filled tortellini, cherry tomatoes, olives, shredded parmesan, Italian dressing, and a whole grain bread roll.

This may be exciting for the students who are looking for a salad with a little extra something to fill their stomachs.

The second new salad

and cost five dollars.



Spartan Plaza Ranch.

For those who love chicken and the traditional caesar salad, the Spartan Plaza will be offering a salad with fresh romaine topped with sliced chicken, shredded parmesan, cherry tomatoes, croutons, caesar dressing, and a whole grain bread roll.

These salads will be offered at the snack bar beginning January 25 during lunchtime.

They are available to both students and staff

Teacher Feature: Mrs. Miller

Nelly Navarrete

Staff Writer

This is Mrs. Miller's second year teaching at Red Bluff High School, and she teaches in the science department.

She is currently teaching environmental science and chemistry.

Before teaching at Red Bluff High, she taught at a school in Oroville for a year while she worked on getting her masters degree at Chico State.

Mrs. Miller received her bachelor's degree at UC Santa Barbara in biology and she has also subbed for 2 years. Mrs. Miller is also currently pregnant with her first child, a baby boy.

She says while at school she tries to be extra cautious due to the rapid spread of Covid-19.

Mrs. Miller hopes to be able to stay at school, if we stay in person learning, until February break, before she goes on maternity leave.

Mrs. Miller also said that, as a teacher, it is very difficult coming up with a name for her child.

She said, "I just don't want to name my child after any of my students."

Mrs. Miller has been married for a year and a half now, and she met her husband her freshman year and has been with him since then.

While growing up, Mrs. Miller attended West Valley High School, only about 30 minutes away from Red Bluff.

She said her favorite subject has always been chemistry, which

is great because she teaches chemistry.

Mrs. Miller's hobbies include snowboarding, scuba diving, and hiking with her dogs. She hopes to do these things again once she has her baby and after the pandemic is over.

She has also recently cut 10 inches of her hair off and donated it to children with hair loss.

Finally, when asked what Mrs. Miller was looking forward to this year, she said that she is looking forward to Christmas break so she can put together her nursery and she is very much looking forward to having her baby.

She is an excellent teacher and her students love her. She cares very much for her job and loves every aspect of it.



Grand Army has reviewers raving about its specific plot

Milca De Los Santos
Staff Writer

A recent new show called, *Grand Army*, has become one of the most talked shows this past month.

It came out in October, but has stayed popular in these past few weeks.

The show is about a diverse group of teens in high school that face many issues such as feminism, poverty, sexual assault, homophobia and more.

I love that the show is really realistic when it comes to the high school setting and some of the issues high schoolers face.

The show revolves around each character and their background story which reminds you a little bit of shows like *Euphoria*. Unlike many shows about high school, it does not set unrealistic settings of how high school really is and doesn't go over the top of always having a mean girl or guy and the typical "nerdy" kid.

The show is raw and is actually based on

stories the creator, Katie Cappiello has heard as well as a theatrical play.

Many of the characters such as Joey Del Marco face issues with feminism and even being sexually assaulted.

The show focuses on



showing you characters with other issues such as these and their background stories.

It is hard to manage the balance between all the characters, but over time it starts to make sense. *Grand Army* achieves its purpose of showing not only teens, but even older adults, how everyone is facing a battle that you know nothing about. You also start to have

compassion and seeing beyond the surface of what many teens go through and staying relevant to issues that still happen on a daily basis as well.

One of the many things I love about this show is that it almost feels like you are watching real, regular lives of a group of teenagers, which lets you know how the show doesn't do the typical high school story line.

I would definitely recommend watching this show if you have seen shows such as *Euphoria* or *Degrassi*.

Overall, the show is not for everyone, but if you have nothing to watch on Netflix, I recommend watching this one especially if you've seen similar shows like this one.



This T.V. series was a very great watch.

A new arrival for the animation industry dazzles its audience

Dylan Tumidanski
Staff Writer

The new Disney Pixar movie 'Soul' was released on December 25, 2020 and was rated a 97% on rotten tomatoes and an 8.2/10 on IMDB which I believe is a fair rating because it happened to be an amazing movie.

The movie was based around a part time music teacher who is also a great jazz pianist but feels like he has failed life because he feels his soul purpose on the planet is to play in a band and he hasn't had the opportunity to yet even being around 40 years old.

When he gets a call from one of his former students to come play with them he goes to audition and crushes it. Unfortunately this is where his adventure begins; he falls down an open manhole while walking and texting on his phone and undergoes a coma. His soul then travels to

The Great Beyond where is supposed to walk into the light and end his life but he runs away and becomes a mentor (which are people who die and try to help unborn people find their spark so that they can travel to Earth) for a soul that is arrogant and

hasn't found her spark for over thousands of years then they take a trip down to Earth to try and get her to find her spark but it took an unexpected turn when she entered his body and he entered a cats body.

They later figure out her spark without knowing and go back to The Great Beyond because they were being tracked down by a spiritual being named Terry to fix his count of souls because he was supposed to die but escaped.

After getting brought back to The Great Beyond soul 22 gets her spark and fills out her pass to Earth While Joe her mentor gets a second chance pardoned by the Jerrys and gets to play in his band and has a wonderful time but when his show is finished he feels that it wasn't as fun or purposeful as he thought he would feel. I think that the best part of this movie was how great the animation was.



This movie had great animation and was all in all a great movie.

'Driver's License' shows love's disappointing aftermath

Triston Vaillette
Staff Writer

The newest song to go big on TikTok is here: *driver's license* by Olivia Rodrigo. This time it was more instant than usual.

The heartbreaking masterpiece that was co-signed by Taylor Swift was released back on January 8th. After just a short time being out, the song became the top selling AND most streamed song of the week. Just 10 days after its release, it claimed the top spot and debuted at Number 1 on the Billboard Hot 100. It became the 17 year old's second Hot 100 song. The first? *All I Want* that debuted at Number 90 last January. She becomes the just the 4th artist born since 2000 to reach the Number 1 spot and youngest in present day. The others include 24KGold with *Mood*, Jawsh 685 with *Savage Love*

and Billie Eilsh with *Bad Guy*. Billboard's weekly updated list was headlined this week with, "The song sports the best first-week streams for a proper first single by a female artist."

Along with its release, *driver's license* came with a powerful and impactful music video that was almost perfectly fitting with the lyrics. One of the bigger reasons the song is doing so well is because of the love triangle drama that the song is conflicted with. Rodrigo is the lead actress of Disney+'s "High School Musical: The Musical: The Series." Her and her co-star/ lead actor Joshua Bassett started dating during the making of the first season of the show. After they recently broke up and Bassett was rumored to be dating 21 year old Sabrina Carpenter,

Rodrigo released the song about the situation. Though Rodrigo never directly mentioned either Bassett or Carpenter, she was obviously referring to them in both the lyrics and music video.

Using lyrics to the likes of, "...you're probably with that blonde girl / Who always made me doubt / She's so much older than me..." Carpenter is 4 years older than Rodrigo and is also blonde. Following its immediate attention and success, Bassett released his own song in response, calling it, "Lie Lie Lie."

So far after just days from its release, it doesn't appear that Bassett's song will not achieve even close to the amount of numbers that Rodrigo put up. It has also been brought to the viewers attention that the drama may have all been a publicity stunt to promote both of their "heartbreak" songs.



This song really hits people where it hurts.

'100 Ft.' depicts culinary skills and love

Olivia Fambrough
Staff Writer

The Hundred Foot Journey is the story about self taught culinary novice Hassan Kadam. When Hassan and his family are forced to move to a small village in France, they decide that they want to open an Indian restaurant in memory of their late mother.

Unfortunately for them, the location of their humble eatery is 100 feet away across the street from a critically acclaimed French restaurant. Run by Madame Mallory, the grumpy French chef with one Michelin star.

The plot follows Hassan's journey to become a real chef, an unlikely friendship between him and Madame Mallory, and his internal struggles as he leaves his native cuisine behind him.

Not to mention the love interest between Hassan and striving chef to be, Marguerite. This is no doubt one of my favorite movies of all time. The scenery is beautiful and the imagery within the set is bright and inviting.

The story's plot flows easily throughout the movie as all of the themes tie together nicely. The main takeaway of the movie is that food brings people together under one common denominator.

Hassan was blessed with the ability to cook, never having any "technical experience" yet he is able to succeed in all he strives to do with a little bit of help from Mallory. Going on to gain a second star for Madame Mallory's restaurant and toiling toward a third in his own career, Hassan comes full circle and realizes he has to go back home to his roots.

The story tells a lot of love and life but it also tells us about what it means to yield raw talent and that staying humble is key to not losing yourself in the spotlight of fame. The movie was produced in 2014 and is highly underrated as many people have never heard of it. It is one I recommend to any and everyone of all ages but especially to aspiring culinary artists and food lovers.

I promise you won't regret watching. For me personally, I loved it and it just hooks you from the very beginning. I couldn't peel myself away from watching it. On a scale of 1-10 I would definitely say it's a 9.5.



This movie is vry captivating and amazing.

New gaming console: PS5

Kaiden Hassay
Staff Writer

After about 10 years the PS5 has finally been released. It was released on November 19th or the 12th depending on which region you live in.

It was available for all the public to buy on the 19th. The PS5 was very limited, not many people were able to purchase this product. The digital version of this console retails at \$399. The standard version retails at \$499.

The digital version is cheaper because it does not allow you to insert a disc. People who were able to get their hands on the ps5 were able to resell it for about double the price. Some

people are so desperate to buy the console for themselves or as a gift will pay over a thousand dollars for it.

This console is a big upgrade from the PS4, you are able to play games in 4K and at a much faster processing rate. It processes at 120 frames per second which is very good.



Furthermore, you can purchase a 1TB or a 2TB PS5, which is a lot of memory. With this amount of memory you can most likely have

over 10 games on your console. A big competitor to the PS5 is the Xbox.

It is about the same speed as the PS5, but there are many articles coming out about it catching on fire and smoking. Some new games that have been released for these consoles are Call of Duty Cold War, and also Spiderman.

Both of the games are very popular and run in 4k and at 120 frames per second. Now that the new gaming

console has been released, it has gone flying off the shelves.

Many parents were trying to get one for either their kids during the holidays. Many had no luck. The console was being bought more than factories could produce. Many shocking videos came out amidst the release. Videos showed people fighting over the last few.



This gaming console is hit new fav among gamers.

SIP
coffee bar
905 Walnut St, Red Bluff,
CA 96080

Senior Kurtis Rodriguez signs with University of Nebraska-Omaha to golf

Chris Huhn
Staff Writer

A senior at Red Bluff High School recently signed his National Letter of Intent to play golf at the University of Nebraska, Omaha. This person's name is Kurtis Rodriguez. He received a two-thirds scholarship and not only did Rodriguez receive a scholarship for golf, but he also received an academic scholarship, as well. Rodriguez has only been playing golf since the age of 14 and has definitely accomplished a lot in only a few years. He spends most of his free time on the golf course and attends numerous tournaments when he is not in school. For example, despite terrible weather conditions,

he took 2nd place at an American Junior Golf Association tournament in Waukesha, Wisconsin this past July. Rodriguez said, "The course was super narrow and tree lined while being long, so it was all about accuracy off the trees. During the tournament, we got hit with three different rain delays in the span of two hours. It's super difficult to keep a rhythm after rain delays, but luckily I was able to keep it going." For Rodriguez's future college play, he says he is most looking forward

to "being able to practice and compete alongside other college golfers." He says he picked UNO and I'd be able to compete in their tournaments.

him offers because "it is a division 1 school, and they had a good schedule. It also has a very nice practice and home facility." In order to receive notice from different universities, Rodriguez said he had to do well in big-name tournaments around the country and he had to compete in a lot of them. Currently, he is ranked 110 in the world for best junior golfers. This ranking is determined by scores, placement, and schedule in these big tournaments. In order to improve, Rodriguez wakes up at five AM four times a week to workout with a personal trainer to enhance

his golfing capabilities. Then, after school, he goes to the driving range and putting greens for three hours before playing eighteen rounds. Rodriguez spends a majority of his weekends traveling playing in amateur events against other division one golfers and former division one golfers. Rodriguez signed on Wednesday, November 11. Rodriguez says he is very excited about this opportunity to play the sport he loves at the next level, and he is looking forward to contributing to his team throughout his college career.



Pictured left to right, Jordan Shank, Garrett Freeman, Kaiden Hassay, Kurtis Rodriguez, Jake Benner, Bradyn Klein, Fletcher Bottke, Chris Huhn. Rodriguez credits friends for their support throughout high school.

to snowboard and ski in, but this year, over 24 inches of snow are at Shasta currently with more expected in the upcoming weeks. As conditions at Shasta are becoming more and more promising, the Alpine team has high hopes for a great year up at Shasta.



Evan Miller (12) snowboards down the mountain in a previous year.

RBHS students join for 'Let Them Play' protest



Juniors Colton Lawrence and Asa Morris march around Lincoln Street in order to support competitive sports in California during COVID. Many high schools throughout the state participated in the Jan 15 march.

Royce Vaught
Staff Writer

As students are making their way into the new year, high schools from all over California are fighting harder than ever to make a football season come to fruition. With the coronavirus being the root cause, hopeful highschoolers and coaches are using social media to support the cause and the now trending #letthemplay-CA movement.

This movement is to promote the playing of high school football, and all sports for that matter, throughout the entirety of California. The rally is set to happen on January 15 at 4:00 pm. The entirety of Tehama

County is invited to support the cause while being socially distant and wearing masks. Students from Red Bluff High School and various elementary schools attended the rally. Students from coming High School also attended. The rally is being organized by Red Bluff High School Varsity Head Coach, Jacob Daricek, where he says he is doing this because, "The future ramifications of these kids not being able to play this year may lead them to not be able to go to college." He adds, "I am hopeful for an opportunity to play this season and am looking forward to Taking Back Friday Nights!" Over 400 schools participated in the "#LetUsPlayCA" rallies. The hashtag started

in the San Diego area after a few coaches got together. The movement gained a large following quickly with thousands of parents and coaches working together to get sports in California. In data collected by coaches, 15,845 athletes have attended workout during the pandemic. 408 of these athletes got covid at some point, but only 5 cases can be traced to a workout. "Athletes arrived for workouts approximately 710,743 times and left the workouts free of covid 710,728 times." The only response this information has received was one county supervisor saying that coaches need to "stick to 3rd & 10."

Alpine practices to prepare for season

Dylon Reid
Staff Writer

As sports are being cancelled or postponed left and right during the midst of school. Only as few are a go because of the no contact part of the sport. Alpine being one of the sports that is a go this year. Alpine started over winter break and the sport has been at full speed since. The Alpine team consists of an accumulated total of about 30 students who do either skiing or snowboarding. The Alpine team practices at Mount Shasta every Sunday for race training all day. The main aspect of the Alpine team actually isn't free riding down the mountain,

but instead of racing. There are several different kinds of races such as Slalom and Combi courses. The Alpine team races during the weekdays, starting on January 26 all the way until February 18th. The races are at Mount Shasta also and the runs the races are usually on are Flying Squirrel and Black Fox depending on the snow depth. There is a lot more to it than racing. The aspect of riding is very difficult for both Snowboarders and Skiers at first. There is a lot to it that takes time to perfect such as leaning and turning. Over the past few years, Mount Shasta has gotten

little snow, barely enough to snowboard and ski in, but this year, over 24 inches of snow are at Shasta currently with more expected in the upcoming weeks.

As conditions at Shasta are becoming more and more promising, the Alpine team has high hopes for a great year up at Shasta.



Evan Miller (12) snowboards down the mountain in a previous year.

College football season comes to an end with Alabama on top

Julian Alvarez
Staff Writer

The national championship game was Jan 11 and this was almost postponed a week because there was a small COVID outbreak for Ohio St. The number 1 team in the nation Alabama was facing off against the number 3 ranked team Ohio St. Ohio St. coming off of a game where their star QB Justin Fields got hit with an illegal hit to the hip against Clemson and has been hurt since but, has been playing through injury. Alabama came into the game with 2 heisman candidates and the actual winner of the Hiesman

trophy, WR DeVonte Smith. Their previous WR1 Jaylen Waddle was out for most the season due to an ankle injury against Tennessee but was available for the national championship game but was limited because he didn't look too healthy. Ohio St was just coming off a big win against number 2 ranked Clemson, a rematch of last year where Clemson got the best of Ohio St last year. Clemson head coach Dabo Swinney believed Ohio St shouldn't have been even a top 10 College football team as he ranked them no. 11. Ohio St. had a rough night with there starting RB Trey Sermon going

out early with an injury. Ohio St kept up in the beginning then just couldn't keep up with Alabama's loaded offense as QB Justin Fields only threw for 1TD and also led the team in rushing with 6 carries for 67 yards. Star WR Chris Olave also had a rough night with 8 rec for 69 yards. Alabama had a huge night as QB Mac Jones a heisman candidate had 5TDs and 474 yards. The true hiesman winner DeVonte Smith also had a big night with 12 rec for 215 yards and 3 TDs. RB Najee Harris also decided to show up and show out with 79 yards rushing and 2 TDs as Alabama cruised past Ohio St. (52-24).

NBA Season Begins With COVID Regulations Causing Change

The first game of the NBA night was the Philadelphia 76ers facing off against the Brooklyn Nets. The Brooklyn Nets, going into this game with star Kevin Durant out with COVID-19 and star Kyrie Irving out for personal reasons. The Philadelphia 76ers received news that guard Seth Curry tested positive for COVID-19 just before tip off. He was quickly isolated and flew home. Onto the game the 76ers with their star Ben Simmons had a rough night as he only had 11 points, 2 assists and 4 rebounds. Star Joel Embiid had a night

he had a double double as he had 20 points and 12 rebounds and guard Shake Milton led the team with points scored as he had 24 points. Nets down 2 stars still showed they had excellent depth on their roster as guard Caris LeVert had a near triple double he had 27 points, 10 assists and 7 rebounds. Former 3 point contest champion had 28 points, 4 assists and 8 rebounds. The final score was (109-122). The Cleveland Cavs took on the Memphis Grizzlies and Star Ja Morant was out with an ankle injury and the Grizzlies really didn't really look the same without him.

Jonas Valanciunas led the team in points and rebounds with 17 points and 10 boards.



The real star of the night was on the other side of the court as star center Andre Drummond also led his team in points and rebounds with 22 points and 15 rebounds. The final score was (90-92). The Timberwolves in Portland to play the Trailblazers. Rookie Anthony Edwards set a new career high with 26 points tying the amount of points other star guard D'Angelo Russell had with 26 points. Those points didn't really stop Dame and his duo partner combining for 59 points with Dame having

an impressive 39 points, 7 assist and 7 rebounds. The final score was (117-135). The game of the night was definitely Mavs vs. the Nuggets as it came down to the wire. Luka Dončić was 1 rebound shy of a monster triple double as he had 38 points, 13 assist, and 9 boards. Nikola Jokić put up 38 of his own points also adding 11 boards and 4 assists. Jokić eventually hit the game tying shot to send it to overtime and that's when the Mavs pulled away. The final score was (124-117).

Story by Julian Alvarez

2021 RESOLUTIONS

2020, a rough year for everyone, is now in the past.

Let's go about this new year with a positive mind, adventures, and

new resolutions!



Make a list of goals

As tough as 2020 was for everyone, start off new! Make a list of goals that you want to achieve: live a healthier lifestyle, become more social, get organized, etc

Spend more time outside

Yes, we're still in a "pandemic" but take the time to focus on yourself and the environment around you. Go on hikes, walks, travel wisely, and self meditate.

Start a routine

Since the majority of us fell out of a routine with some kind of organization in our personal lives is a great way to go about the day!



Try things you've never done before!

Examples: cooking, journaling, painting, working out, baking, hiking, meditating, volunteering, blogging, and exploring hobbies!

Limit phone usage

With the cancellation of many sports, social gatherings, etc, it is easy to get caught up in the world of social media. Thus, invest time in aiding your education and health.

Become active

Becoming active is beneficial for your physical and mental health! Just moving your body for 30 minutes to an hour a day helps with depression, skin aging, immunity system, strengthens your heart, and helps prevent certain diseases.